

## 5K Overall Results

Pos	Bib	Fullname	Gender	Class	Age	City	Club	TotalTm
1	22	Girma Tola	M	Overall Male	32	High Falls	Westchester Track Club	13:51.5
2	8	Karim El Mabchour	M	Overall Male	26	Westchester		13:53.5
3	21	Deresse Deoboba	M	Overall Male	26	High Falls		13:54.1
4	1	Alene Reta	M	Overall Male	26	New York	West Side Runners	13:55.4
5	5	Worku Beyi	M	Overall Male	21	Bronx		13:57.3
6	10	Nicholas Kurgat	M	Overall Male	29	Chapel Hill	Global Mbio Racing	13:59.3
7	14	Demesse Tefera	M	Overall Male	25	New York		14:00.6
8	33	E Vance Rotich	M	Overall Male	33	Albuquerque		14:04.1
9	20	Valentine Orate	M	Overall Male	25	Philadelphia		14:06.5
10	30	Dereje Tesfaye	M	Overall Male	32			14:10.1
11	11	Julius Kiptoo	M	M20-29	29	Chapel Hill	Global Mbio Racing	14:19.2
12	57	Genna Tufa	M	M20-29	24	Bronx	Westchester Track Club	14:20.3
13	13	Teklu Deneke	M	M20-29	29	New York		14:28.3
14	31	Mohammed Awol	M	M30-34	30			14:37.5
15	28	Philip Kiptoo	M	M20-29	25	Ringwood		14:43.2
16	19	Abraham Ng Etich	M	M20-29	27	High Falls	Westchester Track Club	14:44.8
17	3	Neal Holtschulte	M	M20-29	24	Rochester	Genessee Valley Harriers	14:45.4
18	23	Abiyet Endale	M	M20-29	22	High Falls	Westchester Track Club	14:53.2
19	902	Paul Mwangi	M	Overall Masters Male	41	Naugatuck		14:53.3
20	29	Daniel Koech	M	M20-29	23	Ringwood		14:54.9
21	26	Abiyot Adebe	M	M20-29	21	Silver Springs		15:01.6
22	9	Joseph Ekuom	M	M35-39	39	Westchester	Westchester Track Club	15:12.4
23	32	Tesfaye Geirma	M	M20-29	25			15:12.8
24	24	Kassahun Kabiso	M	M20-29	24	High Falls	Westchester Track Club	15:18.8
25	6	Chuck Terry	M	M20-29	26	Albany	Willow Street AC	15:28.1
26	901	Steve Boyd	M	Overall Masters Male	44	Kingsten	Physi Kult	15:32.1
27	27	Zeren Kelele	M	M20-29	27	Alberquerque		15:33.2
28	274	William Hoyne	M	M20-29	26	Syracuse	Fleetfeet Syracuse	15:33.4
29	375	Max Straneva	M	M14-16	16	Binghamton		15:43.0
30	69	Molly Huddle	F	Overall Female	23	Providence	Saucony	15:49.3
31	904	James Derick	M	Overall Masters Male	43	Big Flats		15:54.0
32	68	Tebya Naser	F	Overall Female	22	Albuzuerque		15:58.8
33	51	Meskerem Legesea	F	Overall Female	21	Bronx	Global Adidas	16:04.3
34	66	Etaferahu Tateregn	F	Overall Female	28	High Falls	Westchester Track Club	16:09.2
35	2	Eric Boyce	M	M20-29	27	Rochester	Genessee Valley Harriers	16:12.3

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36	17	Michael Slinsky	M	M35-39	39	Hopewill Jct		16:14.8
37	55	Alemtsehay Misganaw	F	Overall Female	28	New York		16:16.2
38	60	Caroline Chepkonr	F	Overall Female	21	Royersford	Promotion in Motion	16:19.8
39	522	Juan Angel Martinez	M	M30-34	30	Syracuse		16:20.2
40	53	Buzunesh Deba	F	Overall Female	20	Bronx		16:20.4
41	460	Casey Carlstom	M	Overall Masters Male	49	Ithaca		16:27.9
42	151	Earl Steinbrecher	M	Overall Masters Male	44	Willseyville	Ithaca Enclave	16:38.9
43	12	Muluye Girmu	M	Overall Female	24	New York		16:44.4
44	906	Tom Ryan	M	M50-59	52	Cape Elizabeth	Dirigo RD	16:46.6
45	18	Todd Halbig	M	M30-34	31	Fayetteville	Fleet Feet	16:49.5
46	461	Shaun Horan	M	M20-29	26	Norwich		16:57.9
47	430	Gregory Derick	M	M35-39	36	Endicott		17:00.2
48	52	Chise Hayakawa	F	Overall Female	27	Boulder	Acom Team	17:03.0
49	389	Paul Jensen	M	M17-19	17	Binghamton		17:03.4
50	67	Hirut Mandefro	F	Overall Female	23	Silver Springs		17:03.8
51	59	Dinnia Jepkoger	F	F20-29	23	Chapel Hill	Global Mbio Racing	17:04.7
52	58	Nanae Kuwashiro	F	F20-29	25	Boulder	Acom Team	17:09.3
53	411	Josh Schultheis	M	M17-19	19	Binghamton		17:10.4
54	356	Corey McNally	M	M17-19	17	Windsor		17:11.6
55	170	Steve Esposito	M	M17-19	19	Hallstead	Triple Cities Running Club	17:12.9
56	366	Steven Spittler	M	M17-19	17	Norwich		17:14.0
57	907	Terry Permar	M	M50-59	54	Perkasie		17:15.0
58	308	Gary Fancher	M	M45-49	47	Windsor		17:17.4
59	421	Jeff Naylar	M	M35-39	38	Elmira		17:19.4
60	952	Paula Wiltsie	F	Overall Masters Female	41	Brockville	Physi Kult	17:19.8
61	368	Nicholas Madison	M	M14-16	16	Oneonta		17:20.4
62	239	Jeff Felice	M	M40-44	41	Endicott	Triple Cities Running Club	17:26.6
63	903	Jeffrey Brison	M	M40-44	44	Kingsten	Physi Kult	17:28.8
64	167	Kaitlin OSullivan	F	F20-29	23	Syracuse	Syracuse Chargers	17:30.2
65	281	Michael Olson	M	M40-44	42	Vestal	Triple Cities Running Club	17:36.6
66	213	Katherine Danner	F	F35-39	35	Alpine	Genesee Valley Harriers	17:37.9
67	358	Brett Kinsman	M	M14-16	16	Elmira		17:40.7
68	136	Michael Murphy	M	M35-39	35	Warren Center	Triple Cities Running Club	17:41.5
69	478	George Shakelton	M	M45-49	46	Hancock		17:42.4
70	533	Jeff Smith	M	M17-19	17	Endicott		17:43.4
71	64	Emily Chelanza	F	F20-29	26	High Falls	Westchester Track Club	17:52.6

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72	340	Nick Frankoski	M	M20-29	27	Newark Valley		17:54.4
73	54	Carry Buterbaugh	F	F35-39	36	South Portland		17:57.5
74	341	Brian Svoboda	M	M14-16	15	Windsor		17:58.5
75	440	Kyle McKellar	M	M14-16	15	Kingston		18:00.9
76	957	Marisa Hanson	F	Overall Masters Female	45	Pleasant Valley		18:04.5
77	288	Phil Kwasney	M	M20-29	27	Johnson City	Triple Cities Running Club	18:06.9
78	182	Nick Reynolds	M	M17-19	17	Binghamton	Chenango Forks xcountry	18:11.9
79	232	Matt Derzanovich	M	M17-19	18	Binghamton		18:15.3
80	105	105 105						18:15.9
81	273	Murphee Hayes	F	F30-34	34	Marathong	Syracuse Chargers	18:16.5
82	313	Andrew Getzin	M	M35-39	39	Ithaca		18:18.8
83	409	Matthew Giliotti	M	M20-29	20	Binghamton		18:23.0
84	950	Zofia Wieciorkowska	F	Overall Masters Female	45	Stratford	Warren Street	18:27.0
85	311	John Salva	M	M14-16	16	Conklin		18:31.3
86	222	Todd Votapka	M	M45-49	45	Binghamton	Triple Cities Running Club	18:32.2
87	951	Lori Kingsley	F	Overall Masters Female	42	Nysox		18:45.4
88	306	Matthew Seidel	M	M17-19	17	Binghamton		18:52.3
89	441	Cameron Levac	M	M14-16	14	Kingston		18:54.7
90	131	Chris Cowden	M	M35-39	35	Johnson Clty		19:03.6
91	332	McKenna Coughlin	F	F14-16	15	Johnson City		19:05.1
92	181	Dennis Contois	M	M45-49	47	Laurenceville		19:07.1
93	469	Daniel Conklin	M	M17-19	17	Binghamton		19:10.4
94	331	Keegan Coughlin	M	M17-19	16	Johnson City		19:10.6
95	408	Ryan Miceli	M	M17-19	19	Binghamton		19:11.4
96	443	Dylan McKellar	M	M14-16	16	Kingston		19:12.2
97	470	Greg Amend	M	M40-44	43	Endicott		19:14.2
98	392	Michael Girardi	M	M35-39	37	Horseheads		19:17.8
99	261	Sydney Williams	F	F14-16	15	Binghamton		19:19.2
100	305	Russell Seidel	M	M17-19	17	Binghamton		19:19.2
101	537	Mark Brooks	M	M20-29	25	Apalachian		19:24.1
102	398	Jeremy Cororan	M	M30-34	33	Apalachin		19:26.5
103	345	Zachary Wahl	M	M14-16	14	Endicott		19:32.0
104	357	Ben Cardamone	M	M45-49	45	Elmira		19:35.1
105	304	William Walden III	M	M17-19	17	Conklin		19:39.2
106	958	Suzanne Myette	F	Overall Masters Female	51	Binghamton	Triple Cities Running Club	19:46.2
107	497	Daniel Young	M	M17-19	17	Vestal		19:46.2

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108	550	Jon Lovesky	M	M35-39	39	Endicott		19:49.5
109	427	Eric Lipski	M	M14-16	16	Binghamton		19:54.8
110	148	Steven Hoover	M	M45-49	47	Pince City	SUNY Fredonia Track Alum	19:56.0
111	350	Brett Stankevich	M	M20-29	26	Vestal		19:57.0
112	186	Heidi Baumbach	F	F17-19	17	Lake Placid		19:58.5
113	156	Jeff Martinez	M	M17-19	17	Binghamton	Triple Cities Running Club	19:58.8
114	250	Thomas Planavsky	M	M17-19	19	Port Crane		19:59.2
115	439	Taylor Sills	F	F14-16	16	Odessa		20:00.9
116	176	Chris Hansen	M	M20-29	28	Vestal		20:02.7
117	505	Nicholas Ries	M	M20-29	20	Brooklyn		20:02.8
118	329	Jake Bigelow	M	M35-39	35	Endicott		20:03.5
119	183	Randy Reynolds	M	M45-49	45	Binghamton		20:04.9
120	452	Chris Lake	M	M17-19	19	Harpersville		20:06.0
121	450	Mitchell OConnor	M	M14-16	14	Kingston		20:08.1
122	241	Bruce Lee	M	M50-59	51	Port Crane	Triple Cities Running Club	20:08.7
123	387	Tony Griswold	M	M14-16	15	Kirkwood		20:12.0
124	196	George Hluck	M	M45-49	46	Painted Post		20:13.3
125	395	John ONeil	M	M35-39	39	Upton		20:13.4
126	169	Pieter Van Ingen	M	M14-16	16	Killawog		20:18.2
127	117	John Aldrich	M	M40-44	44	Eabius		20:24.8
128	128	Michael OConnell	M	M20-29	26	Binghamton		20:25.5
129	519	Brian Naylor	M	M20-29	27	Binghamton		20:26.3
130	365	Sam Wanck	M	M14-16	14	Athens		20:28.6
131	133	Katherine Stettler	F	F40-44	43	Ithaca	Finger Lakes RunnersClub	20:30.1
132	447	Cleo Boyd	F	F14-16	15	Kingston		20:31.0
133	510	Dennis Naylor	M	M35-39	35	Oneonta		20:34.0
134	145	Nancy Nicholson	F	F45-49	46	Queensbury		20:40.2
135	955	Coreen Steinbach	F	F50-59	57	Pompey	Syracuse T. C.	20:42.1
136	482	Matt Campbell	M	M20-29	21	Apalachin		20:44.3
137	146	Bill Ross	M	M45-49	47	Endicott		20:46.7
138	287	Surah Krizan	F	F14-16	15	Binghamton		20:47.2
139	491	Lindsey Thorner	F	F17-19	17	Endicott		20:48.6
140	528	Alexis Fairbanks	F	F17-19	17	Apalachian		20:49.7
141	536	Daniel Miller	M	M45-49	47	Lake Winaka		20:51.2
142	319	Adam Martin	M	M20-29	26	Johnson City		20:52.4
143	211	Robert Johnson	M	M35-39	37	Endwell		20:53.2

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144	338	Brian Shatara	M	M17-19	19	Johnson City		21:01.9
145	315	Chris Mencil	M	M45-49	47	Endwell		21:05.0
146	267	Brian Tolan	M	M45-49	49	Binghamton		21:11.8
147	381	Craig Macfarlane	M	M45-49	47	Natick		21:13.7
148	367	David Croffutt Jr	M	M14-16	14	Johnson City		21:15.3
149	221	Jim Cox	M	M45-49	48	Liverpool	Syracuse Chargers	21:17.9
150	429	Matt Reyes	M	M20-29	21	Apalachin		21:18.4
151	203	Robert Kuchera	M	M45-49	47	Apalachin		21:21.4
152	369	Ryan McMahon	M	M14-16	15	Binghamton		21:22.9
153	388	Keith Jensen	M	M14-16	14	Binghamton		21:25.8
154	476	Maegan Lewis	F	F17-19	17	New Milford		21:28.1
155	363	Doug Gardner	M	M50-59	52	Vestal		21:29.5
156	266	Mike Cole	M	M35-39	39	Endicott		21:29.7
157	296	Emily Lowe	F	F14-16	16	Biinghamton		21:30.4
158	125	Frank Bianco	M	M30-34	31	Binghamton		21:30.9
159	290	Dennis Uhlig	M	M50-59	55	Sidney		21:31.8
160	479	Timothy James Adams	M	M20-29	20	Binghamton		21:33.1
161	286	Larry Brooks	M	M50-59	57	Binghamton	PHAR	21:36.3
162	354	CJ Comfort	M	M14-16	15	Elmira		21:39.3
163	425	Mary Katherine Kulp	F	F14-16	15	Vestal		21:43.4
164	473	Kelsey Myette	F	F17-19	18	Binghamton		21:44.2
165	282	Kristin Olson	F	F35-39	39	Vestal	Triple Cities Running Club	21:44.7
166	498	Matthew Reynolds	M	M20-29	27	Owego		21:47.3
167	546	Robert Brady	M	M35-39	36	Ridgefield		21:47.5
168	436	Richard VanHall	M	M45-49	48	Owego		21:50.4
169	284	Kristen Brooks	F	F14-16	15	Binghamton	PHAR	21:52.7
170	551	Patrick Joyce	M	M40-44	40	Apalachin		21:55.1
171	310	Vince Kelley	M	M50-59	52	Binghamton	Triple Cities Running Club	21:56.6
172	344	Brian Cupp	M	M40-44	43	Newark Valley		21:57.7
173	236	Bob Huddle Jr.	M	M60-99	61	Elmira	High Noon	21:58.6
174	135	Bradley Anderson	M	M20-29	29	Apalachin		21:58.9
175	110	Lee Rosenblum	M	M50-59	54	Jupiter		22:02.6
176	247	Kathryn Poe	F	F20-29	23	Owego		22:07.9
177	184	Gregory Hill	M	M35-39	39	Watertown		22:09.2
178	544	Rupert Brady	M	M40-44	40	Vestal		22:09.2
179	335	Rich Fairbrother	M	M40-44	41	Vestal		22:11.9

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180	353	Christian Jones	M	M14-16	15	Kirkwood		22:12.4
181	362	Timothy Foley	M	M50-59	53	Binghamton		22:13.8
182	487	Andrea Prusik	F	F14-16	16	Endicott		22:15.5
183	474	Emily Piza-Taylor	F	F30-34	31	Binghamton		22:21.4
184	518	Jason Planavsky	M	M14-16	15	Port Crane		22:24.5
185	500	Adam VanBuren	M	M20-29	25	Johnson City		22:25.8
186	472	Reed Getzke	M	M20-29	26	Binghamton		22:27.0
187	204	Michael Lewis	M	M30-34	30	Endicott	Triple Cities Running Club	22:29.1
188	382	Susan Priestley	F	F40-44	44	Binghamton		22:29.1
189	275	Mike Donnell	M	M50-59	53	Oneonta		22:30.6
190	132	Drew Eller	M	M17-19	17	Endicott	RRTC	22:33.5
191	317	Joshua Miner	M	M20-29	26	Chenango Forks		22:34.7
192	251	Becky Lawrence	F	F20-29	24	Vestal		22:38.6
193	208	Harland Bigelow	M	M60-99	62	Lisle		22:39.1
194	453	Karen Lastoro	F	F30-34	34	Endicott		22:40.1
195	321	Adam Thorne	M	M14-16	15	Binghamton		22:42.3
196	433	Andy Mushalla	M	M20-29	20	Vestal		22:42.7
197	402	Aaron Wilks	M	M40-44	42	Endwell		22:43.6
198	134	Mark Dobrowolski	M	M40-44	41	Vestal	Triple Cities Running Club	22:44.3
199	262	Naslund Sterling	M	M20-29	21	Vestal	Special Olympics BOCES	22:45.7
200	235	John Kopalek	M	M50-59	57	Binghamton		22:51.1
201	295	Andrew Clark	M	M20-29	28	Vestal		22:52.2
202	293	Shanelle Sackett	M	M30-34	33	Barton		22:53.0
203	297	Andrew Jackson	M	M14-16	14	Johnson City		22:54.9
204	298	Andrew Lake	M	M50-59	52	Cenango Bridge		22:56.4
205	383	Robert Hartman	M	M50-59	50	Binghamton		22:56.6
206	545	Lydia Stamato	F	F20-29	22	Binghamton		22:57.5
207	451	Bob Neuland	M	M60-99	62	Norwich		22:58.6
208	404	Kyle Burdick	M	M20-29	25	Binghamton		23:02.8
209	414	Robert Grajewski	M	M45-49	47	Kirkwood		23:08.3
210	496	Dave Oja	M	M50-59	56	Syracuse		23:09.4
211	526	Terrence Gallagher	M	M35-39	37	Binghamton		23:11.8
212	343	Aubrie Russell	F	F01-13	13	Candor		23:13.0
213	540	Lauren Gates	F	F14-16	16	Vestal		23:13.2
214	152	Lisa Abbott	F	F40-44	40	Willseyville		23:13.8
215	218	Susan Stage-Derick	F	F40-44	43	Big Flats		23:17.1

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216	140	Tom Pratt	M	M30-34	32	Binghamton		23:17.6
217	393	Richard Root	M	M20-29	27	Conklin		23:19.7
218	126	Keith Heron	M	M50-59	57	Binghamton	Triple Cities Running Club	23:23.8
219	480	Jamie Mocan	F	F14-16	14	Jeffersonville		23:27.0
220	324	Steve Lupo	M	M45-49	47	Endicott		23:28.3
221	355	Colton Perry	M	M14-16	14	Windsor		23:31.6
222	410	Shaun Van Vleck	M	M20-29	26	Kirkwood		23:35.1
223	548	Pat Salerno	M	M35-39	38	Waverly		23:35.4
224	270	David Abrams	M	M45-49	49	Apalachin	Triple Cities Running Club	23:37.8
225	475	Todd Groves	M	M20-29	28	Apalachin		23:44.3
226	351	Matt DePalmo	M	M01-13	13	Endwell		23:44.9
227	154	Rachel Berk	F	F17-19	19	Vestal		23:45.3
228	465	Mark Oczko	M	M45-49	45	Elmira		23:45.6
229	401	Barry Bonitz	M	M45-49	49	Endicott		23:45.9
230	253	Tim Harkness	M	M40-44	42	Binghamton		23:48.3
231	385	Kevin Harkness	M	M35-39	36	Oneonta		23:48.4
232	192	Corey Chmiel	M	M20-29	22	Johnson City		23:49.7
233	256	Lisa Rieger	F	F35-39	38	Binghamton		23:50.2
234	372	Joe LaCourt	M	M14-16	14	Windsor		23:51.7
235	116	Christine Cumming	F	F50-59	56	Bainbridge		23:53.2
236	175	Michael Wood	M	M35-39	38	Conklin		23:56.1
237	118	Gary Luttmann	M	M45-49	47	Owego		24:01.2
238	191	Patrick Gallagher	M	M50-59	50	Johnson City		24:05.4
239	467	Paul Miller	M	M40-44	42	Endwell		24:07.2
240	509	Bryan Robicheau	M	M14-16	15	Liverpool		24:10.5
241	159	Renee Rapp	F	F30-34	30	Endicott		24:10.9
242	158	Matthew Considine	M	M20-29	28	Johnson City		24:12.0
243	422	John Sullivan	M	M50-59	53	Binghamton		24:13.6
244	139	Mike Terwilliger	M	M50-59	53	Brooktondale		24:14.8
245	336	Laura Zamash	F	F45-49	48	Binghamton		24:15.2
246	230	David Kostyal	M	M50-59	54	Sayre	Triple Cities Running Club	24:21.0
247	258	Kyle Michaud	M	M14-16	14	Elmira Heights		24:21.5
248	322	Natalie Hawkes	F	F01-13	12	Binghamton		24:23.2
249	113	Amy Sorber	F	F14-16	15	Vestal		24:26.6
250	300	Tiffany Hawley	F	F14-16	15	Binghamton	SV Cross Country	24:28.5
251	342	Nicole Halbig	F	F20-29	28	Fayetteville		24:30.0

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252	220	Gail Markstein	F	F45-49	46	Binghamton		24:32.3
253	379	Jason Wilks	M	M35-39	36	Endicott		24:32.9
254	147	Christine O'Neil	F	F45-49	47	Athens		24:33.5
255	279	Ethan Elliott	M	M01-13	11	Binghamton	Triple Cities Running Club	24:35.2
256	199	Mark Hendley	M	M40-44	41	Binghamton	Triple Cities Running Club	24:35.7
257	454	Ramon Madrid	M	M35-39	37	Conklin		24:37.3
258	553	Matthew Goyden	M	M01-13	10	Endwell		24:41.3
259	455	Abe Nichols	M	M35-39	39	Barton		24:42.7
260	224	Jessica Linebaugh	F	F14-16	16	Conklin		24:43.2
261	225	Justin Sturek	M	M20-29	27	Vestal		24:43.6
262	119	Adam St. John	M	M20-29	28	Binghamton		24:43.7
263	508	Steve Willett	M	M45-49	46	Vestal		24:46.8
264	377	Jay Peak	M	M45-49	49	Endwell		24:47.7
265	166	Tonya Tucker	F	F35-39	39	Apalachin		24:48.9
266	228	Judith Blaine	F	F20-29	29	Johnson City		24:51.2
267	121	Marla Goyden	F	F40-44	42	Endwell	Triple Cities Running Club	24:51.9
268	307	Tina Nyschot	F	F30-34	33	Endicott		24:56.3
269	217	Bob Crouse	M	M40-44	43	Binghamton		24:57.5
270	254	John Vailopoulos	M	M45-49	45	Greene		24:57.9
271	492	Paul Battisti	M	M20-29	29	Binghamton		24:58.1
272	488	Francis Battisti	M	M60-99	60	Vestal		24:58.4
273	187	David Stephens	M	M50-59	55	Maine		25:01.9
274	233	Tom Hamlin	M	M60-99	62	Brackney	Triple Cities Running Club	25:03.1
275	272	Juliann Soule	F	F35-39	38	Pittsford		25:04.1
276	490	Joe Catanzano	M	M45-49	48	Endicott		25:04.1
277	494	Ed Desantis	M	M40-44	44	Binghamton		25:07.6
278	374	Kelsey Casele	F	F17-19	17	Johnson City		25:12.1
279	348	Brent Ochiaio	M	M30-34	33	Endicott		25:15.1
280	106	Francesco Liburdi	M	M50-59	59	Vestal		25:16.8
281	953	Margret Betz	F	F60-99	71	Conklin	Triple Cities Running Club	25:20.3
282	257	Alfonso Monaco	M	M60-99	61	Binghamton		25:21.4
283	459	Gavin LaPica	M	M17-19	17	Port Crane		25:21.5
284	426	Jeremy Eggleston	M	M20-29	27	Johnson City		25:21.8
285	432	Mark Mushalla	M	M45-49	49	Vestal		25:22.0
286	456	Shari Nichols	F	F35-39	39	Barton		25:22.8
287	285	Amanda Brooks	F	F14-16	16	Binghamton	PHAR	25:25.0

## 5K Overall Results

288	209	Mackenzie Faughnan	F	F14-16	15	Binghamton	Triple Cities Running Club	25:28.4
289	177	Daniel Whalen	M	M20-29	23	Binghamton		25:29.0
290	539	Kelly Ford	F	F30-34	34	Binghamton		25:30.0
291	499	Kelly Reynolds	F	F20-29	24	Endicott		25:30.8
292	271	George Groome	M	M60-99	68	Vestal		25:31.0
293	464	Lou Butash	M	M45-49	47	Endwell		25:34.0
294	405	Christian Brundieck	M	M20-29	27	Vestal		25:34.6
295	481	Kasi Pilny	F	F14-16	16	Jeffersonville		25:36.0
296	484	Elizabeth Petery	F	F14-16	15	Jeffersonville		25:36.0
297	396	Frank Slavitsky	M	M30-34	32	Binghamton		25:38.7
298	529	Cathy Fairbanks	F	F40-44	44	Apalachian		25:41.1
299	155	Alan Berk	M	M50-59	53	Vestal		25:45.1
300	174	Dave Talcott	M	M45-49	48	Kirkwood	Shore AC	25:50.8
301	149	Joanne Clements	F	F40-44	42	Binghamton		25:53.7
302	359	Bill Martino	M	M45-49	45	Binghamton		25:54.6
303	434	Scott Johnson	M	M14-16	15	Owego		25:56.1
304	462	Scott Breen	M	M35-39	37	Endicott		25:59.7
305	502	Victor Karnauch	M	M20-29	25	Binghamton		26:00.0
306	493	Amy Persons	F	F35-39	39	Clarence Center		26:00.6
307	264	Carissa Chapura	F	F14-16	16	Maine		26:04.1
308	231	Fred Brostrom	M	M60-99	71	Brackney	Triple Cities Running Club	26:05.5
309	520	Michael Rost Cheslock	M	M14-16	14	Endicott		26:06.2
310	328	Paula Fitch	F	F50-59	58	Binghamton		26:06.7
311	138	Gordon Saggese	M	M50-59	55	Oneonta		26:10.5
312	309	Candice Poyer	F	F40-44	40	Greene	Triple Cities Running Club	26:11.0
313	327	John Goodson	M	M35-39	37	Johnson City		26:11.4
314	172	Joe DiMattina	M	M60-99	60	Endicott	Triple Cities Running Club	26:13.4
315	244	Will Andres	M	M30-34	34	Endicott		26:17.4
316	437	Audra Kemmerling	F	F45-49	47	Nichols		26:18.6
317	283	Jeff Baker	M	M40-44	40	Slingerlands		26:18.8
318	312	Monica Salva	F	F14-16	14	Conklin		26:19.4
319	424	Holly Parkyn	F	F50-59	54	Whitney Point		26:21.0
320	542	Andy Lee	M	M01-13	13	Binghamton		26:22.0
321	419	Cameron Manchester	M	M01-13	10	Binghamton		26:22.0
322	144	Aimee Sharland	F	F20-29	26	Greene		26:28.3
323	415	Kristina Mooney	F	F17-19	16	Binghamton		26:28.6

## 5K Overall Results

324	263	Kevin Lantry	M	M50-59	51	Whitney Point		26:31.2
325	346	Neha Dashi	F	F14-16	15	Vestal		26:32.1
326	302	Brandon Sunderlin	M	M20-29	24	Binghamton		26:33.0
327	137	Douglas Russell	M	M40-44	41	Vestal		26:38.0
328	503	Stephen Sackett	M	M20-29	24	Barton		26:42.3
329	265	John Rhodes	M	M35-39	37	Owego		26:43.9
330	352	Anne DePalmo	F	F45-49	45	Endwell		26:44.7
331	303	Patrick Ruhlman	M	M45-49	49	Endicott		26:46.1
332	190	Kathleen Lantry	F	F45-49	46	Whitney Point		26:48.9
333	477	Kristin Michel	F	F14-16	16	Johnson City		26:56.4
334	299	Mary Lake	F	F50-59	51	Chenango Bridge		26:56.7
335	223	Katelyn Votapka	F	F14-16	14	Binghamton		26:57.8
336	178	Megan Shea	F	F20-29	25	Binghamton		26:58.6
337	468	Jacqueline Speicher	F	F45-49	46	Brackney		27:01.9
338	198	Kara Hendley	F	F35-39	39	Binghamton	Triple Cities Running Club	27:03.2
339	259	David Fahoy	M	M50-59	58	Marathon		27:04.6
340	373	Carla Williams-Drake	F	F30-34	31	Endicott		27:05.4
341	122	Peggy Wozniak	F	F50-59	58	Binghamton		27:07.5
342	173	Sarah Stoughton	F	F14-16	15	Johnson City		27:17.2
343	240	Michael Sherwood	M	M50-59	58	Vestal		27:18.2
344	517	Coralie Graham	F	F20-29	28	Binghamton		27:19.9
345	179	Oudomsack Arounsavath	M	M45-49	49	Binghamton		27:21.1
346	423	Christopher Belleman	M	M50-59	53	Kingston		27:21.9
347	378	Deana Guido	F	F35-39	35	Rocky Mount		27:23.1
348	252	Kathy Purtell	F	F40-44	40	Little Meadows		27:24.7
349	289	DJ Agcaoili	M	M20-29	27	Johnson City		27:26.2
350	323	John Burtis	M	M40-44	42	Binghamton		27:27.5
351	318	Zachary Vandeusen	M	M17-19	17	Binghamton		27:27.6
352	333	Brogan Coughlin	M	M01-13	12	Johnson City		27:31.4
353	543	Jill Clark	F	F35-39	37	Binghamton		27:32.1
354	511	Colin Earle	M	M20-29	23	Binghamton		27:34.4
355	527	Mike Hayes	M	M45-49	45	Vestal		27:34.9
356	291	David Fekler	M	M35-39	38	Endicott		27:35.9
357	489	Helen Battisti	F	F50-59	54	Binghamton		27:39.3
358	216	Brian Cartie	M	M35-39	38	Endwell		27:39.9
359	243	Grace Andres	F	F35-39	38	Endicott	Triple Cities Running Club	27:47.1

## 5K Overall Results

360	501	Christian Eggleston	M	M14-16	15	Binghamton		27:52.0
361	471	Lennart Saaf	M	M45-49	45	Endicott		27:52.9
362	210	Ann Marie Faughnan	F	F45-49	46	Binghamton	Triple Cities Running Club	27:53.1
363	111	Nanci Miller	F	F40-44	41	Bainbridge		27:56.8
364	212	Susan Schultz	F	F45-49	46	Apalachin	Triple Cities Running Club	27:57.7
365	153	Megan Engle	F	F20-29	28	Binghamton		27:58.1
366	416	Bob Mooney	M	M50-59	52	Binghamton		28:01.6
367	234	Francis Stanek	M	M60-99	65	Endicott		28:02.4
368	554	Pete Sullivan	M	M50-59	55	Whitney Point		28:02.6
369	325	Chelsea Hinman	F	F17-19	19	Binghamton		28:03.0
370	438	Zachary Reyes	M	M01-13	10	Apalachin		28:06.3
371	320	Anna Wiciorkowska	F	F14-16	15	Oggy		28:06.7
372	390	Clara Kolpakas	F	F01-13	13	Binghamton		28:09.4
373	339	Lamont Reukauf	M	M50-59	54	Johnson City		28:09.8
374	535	Olivia Hoover	F	F01-13	13	Pine City		28:15.6
375	458	Christian Cody	M	M01-13	13	Binghamton		28:17.9
376	549	Megan Croisant	F	F20-29	22	Chanango Forks		28:18.6
377	242	Kalindi Naslund	F	F14-16	15	Vestal		28:20.0
378	394	Desirae Perez	F	F20-29	28	Binghamton		28:22.0
379	185	Abigail Allrich	F	F30-34	32	Binghamton		28:30.5
380	384	Eileen Kennedy	F	F17-19	18	Binghamton		28:31.4
381	268	Jennifer Woltjen	F	F50-59	51	Endwell	Triple Cities Running Club	28:39.4
382	399	Pedro Silva	M	M20-29	26	Cortland		28:42.7
383	412	Jeff Schultheis	M	M50-59	52	Binghamton		28:43.1
384	201	Patricia Huddle-Keppler	F	F50-59	51	Endwell		28:43.5
385	463	Miranda Drummond	F	F01-13	12	Binghamton		28:43.5
386	229	Pamela Vasey	F	F30-34	34	Rome		28:47.0
387	547	Traci Martinez	F	F14-16	15	Binghamton		28:48.7
388	326	Beth Van Osten	F	F45-49	48	Johnson City		28:50.7
389	524	Ellen Blakeslee	F	F40-44	44	Binghamton		28:54.3
390	525	Mark Blakeslee	M	M45-49	48	Binghamton		28:54.8
391	294	Michele Sakovitch	F	F30-34	34	Baldwinsville		28:55.2
392	406	Erik Jensen	M	M40-44	43	Binghamton		28:55.9
393	380	Margo Macfarlane	F	F45-49	48	Natick		28:58.1
394	420	Cindy Manchester	F	F40-44	43	Binghamton		28:58.2
395	165	Melissa Zinin	F	F40-44	41	Binghamton		29:01.1

## 5K Overall Results

396	107	Anthony Lotempio	M	M60-99	66	Binghamton	Triple Cities Running Club	29:04.4
397	334	Grady Coughlin	M	M01-13	8	Johnson City		29:09.7
398	330	Kevin Coughlin	M	M45-49	46	Johnson City		29:10.1
399	531	Colleen Watson	F	F20-29	29	Binghamton		29:16.3
400	530	Dave Watson	M	M30-34	31	Binghamton		29:16.5
401	349	Vivek Sheh	M	M20-29	25	Johnson City		29:17.3
402	466	Susan Ryan	F	F40-44	44	Cape Elizabeth		29:21.5
403	400	Kelly Bonitz	F	F40-44	43	Endicott		29:22.0
404	142	Esther Frustino	F	F35-39	36	Vestal	Triple Cities Running Club	29:31.4
405	552	Haley Sorber	F	F14-16	16	Vestal		29:38.9
406	129	Melissa Montandon	F	F30-34	31	Ithaca		29:40.2
407	486	Melissa Perkins	F	F20-29	22	Windsor		29:42.0
408	226	Dave Merritt	M	M40-44	44	Binghamton		29:45.6
409	347	JoAnn Kishbaugh	F	F50-59	50	Unadilla		29:49.5
410	485	Diana Hayes	F	F45-49	47	Windsor		29:49.7
411	276	Ray Kinney	M	M50-59	50	Binghamton		29:54.5
412	417	Becky Gelunas	F	F30-34	31	Johnson City		29:56.6
413	541	Christina Hill	F	F14-16	16	Johnson City		29:57.0
414	150	Annette Ryan	F	F50-59	50	Binghamton		29:57.1
415	161	Carly Gross	F	F20-29	21	Binghamton		30:00.0
416	188	Tom Walls	M	M35-39	37	Binghamton	Synergy Athletics	30:04.7
417	189	Shandy Walls	F	F35-39	37	Binghamton		30:05.7
418	448	Shayna Lee	F	F01-13	10	Binghamton		30:11.8
419	214	Colleen Davis	F	F20-29	28	Endicott		30:15.3
420	507	Theresa Perrone	F	F30-34	30	Greene		30:17.7
421	168	Laurie Van Ingen	F	F45-49	46	Killawog		30:22.6
422	361	Denise Ireton	F	F20-29	24	Binghamton		30:23.5
423	371	Alexis Welch	F	F14-16	15	Windsor		30:29.6
424	316	Kenny Moss	M	M20-29	24	Johnson City		30:34.5
425	102	P.J. Kuno	M	M30-34	31	Binghamton		30:36.1
426	157	Clara Ryan	F	F14-16	16	Binghamton	Johnson City Cross Country	30:37.2
427	197	Jessica Smith	F	F20-29	23	Binghamton		30:38.7
428	483	Sam Johnson	M	M01-13	12	Endicott		30:39.7
429	108	Sarah Johnson	F	F30-34	32	Johnson City		30:48.4
430	457	Jesse Waldmann	M	M35-39	36	Glens Falls		30:51.5
431	446	Deron McKercher	M	M01-13	12	Vestal		30:57.5

## 5K Overall Results

432	444	Cheryl Kurst	F	F35-39	39	Vestal		30:58.2
433	403	Trevor Borchardt	M	M01-13	10	Binghamton		31:03.3
434	207	David Wiktorek	M	M50-59	59	Binghamton		31:04.2
435	260	Rick Borchardt	M	M40-44	40	Binghamton		31:05.0
436	163	Holly Baran	F	F17-19	18	Endicott		31:12.6
437	162	Amelia Baran	F	F17-19	19	Endicott		31:13.6
438	171	Basma Champen	F	F20-29	28	Binghamton		31:17.4
439	435	Alexandra VanHall	F	F14-16	14	Owego		31:17.7
440	407	David McCarthy	M	M50-59	58	Binghamton		31:32.2
441	160	Kaitlin McCloughan	F	F20-29	25	Plymouth		31:38.5
442	391	David Buchta	M	M60-99	62	Apalachin		31:48.5
443	127	Martin Gerchman	M	M50-59	57	Binghamton		31:58.0
444	364	Douglas Dziedzic	M	M45-49	46	Binghamton		32:16.4
445	219	Katie Markstein	F	F01-13	12	Binghamton		32:27.1
446	523	Celena Sunderlin	F	F20-29	22	Binghamton		32:27.9
447	413	Alan Lerman	M	M50-59	53	Vestal		32:40.5
448	337	Patricia Stalica	F	F30-34	33	Johnson City		32:43.1
449	418	Holly Manchester	F	F01-13	9	Binghamton		32:43.7
450	449	Kate Mower	F	F30-34	33	Binghamton		32:45.1
451	141	Meghan Mitrus	F	F20-29	26	Binghamton	Triple Cities Running Club	32:54.4
452	292	Shanelle Alston	F	F30-34	30	Endicott		32:59.4
453	164	Betsy Knapp	F	F60-99	63	North Weymouth	Colonial Road Runners	33:01.2
454	180	Tammy Arounsavath	F	F40-44	44	Binghamton		33:02.7
455	442	Penny Guernsey	F	F40-44	43	Binghamton		33:11.8
456	104	Janet Kehoe-Farina	F	F45-49	47	Binghamton	Kahoe Sisters	33:23.5
457	376	Michelle Boyle	F	F01-13	12	Glen Aubrey		33:26.8
458	428	Nick Ruiz	M	M20-29	27	Owego		33:32.6
459	431	Brooke Balint	F	F20-29	25	Endicott		33:32.8
460	114	Tommy Sorber	M	M01-13	13	Vestal		34:23.8
461	246	Tracy George	F	F35-39	38	Windsor		34:28.8
462	205	John Thompson	M	M60-99	61	Endicott	Triple Cities Running Club	34:51.0
463	504	Kathleen McKenna	F	F45-49	48	Endwell		34:56.4
464	360	Nathan Cator	M	M20-29	21	Binghamton		35:39.7
465	245	Julie Clark	F	F40-44	40	Glen Aubrey		35:48.4
466	123	Kathie Burns	F	F50-59	55	Johnson City		36:17.8
467	238	Elizabeth Carter	F	F50-59	53	Johnson City	Triple Cities Running Club	36:34.1

## 5K Overall Results

468	202	Jo Cator	F	F35-39	36	Whitney Point		37:12.9
469	278	Thomas Daniels	M	M20-29	29	Endicott		38:00.1
470	534	Christin Daniels	F	F20-29	29	Endicott		38:00.3
471	397	Joseph Backus	M	M20-29	29	East Syracuse		38:44.3
472	370	Chelsey Briggs	F	F14-16	14	Windsor		38:48.7
473	101	Colleen Kuno	F	F30-34	31	Binghamton		39:17.3
474	521	Earl Steinbrecher	M	M60-99	68	Windsor		39:22.8
475	594	Christina Fuller	F	F20-29	27	Binghamton	Twin Cities	39:24.7
476	495	James Morrell	M	M60-99	69	Endicott		39:29.8
477	280	Robin Vieyra	M	M60-99	68	Endwell	Triple Cities Running Club	39:30.5
478	506	Peter Duncan	M	M20-29	25	Binghamton		39:51.4
479	206	Patricia Coveny	F	F60-99	67	Endicott	Triple Cities Running Club	42:03.3
480	143	Robert Huddle Sr.	M	M60-99	85	Elmira		43:12.6
481	109	Larry Rosenblum	M	M50-59	56	Holland		44:57.0